



Vestibular Activation: Therapeutic Movement to Optimize Physical, Social and Cognitive Occupation

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Description:

This course emphasizes the central role of the vestibular system for the acquisition and maintenance of function and for the amelioration of dysfunction. At the most fundamental level, our ability to move is essential for survival. We move for sheer delight as well as for purposeful occupation with people, objects and events in our world. Knowing how to optimize the therapeutic components of movement enables us to integrate them seamlessly with other strategies for our clients. The vestibular system's impact on the body, mind and spirit will be reviewed and this knowledge will be translated into experience based learning as a foundation for facilitating all types and levels of therapeutic, goal-directed movement with clients. Neurologically sound, step by step vestibular assessment and treatment strategies, client-based clinical reasoning, and movement labs will be the format used to embed therapeutic concepts into fun, powerful activities. Learn to tune and play the vestibular system like a musical instrument, blending rhythm, intensity, frequency, and duration of movement into the "whole" for that "just right" level of engagement.

Objectives: Participants will be able to

1. Identify three or more causes of vestibular dysfunction and their impact on functional performance.
2. Demonstrate at least two treatment strategies for each of the five vestibular receptors.
3. Describe the vestibulo-cerebellar underpinnings for visual and auditory function.
4. Define treatment options and rationale for modifying rhythm, intensity, frequency and/or duration of movement.
5. Describe the vestibulo-proprioceptive foundation for core activation.

Vestibular Activation 2008 Schedule

dates and locations subject to change

Jan 24, 2008 Chicago, IL	<input type="checkbox"/>	Feb 21, 2008 Minneapolis, MN	<input type="checkbox"/>
Mar 13, 2008 Pheonix, AZ	<input type="checkbox"/>	Mar 29, 2008 Philadelphia, PA	<input type="checkbox"/>
May 1, 2008 Cincinnati, OH	<input type="checkbox"/>	July 17, 2008 Indianapolis, IN	<input type="checkbox"/>
Aug 7, 2008 Kalamazoo, MI	<input type="checkbox"/>	Oct 2, 2008 New York, NY	<input type="checkbox"/>
Nov 4, 2008 Cleveland, OH	<input type="checkbox"/>		

Please send me information on bringing Vestibular Activation to my area

Place a check mark by the location(s) you would like to attend!

Please send me registration materials when available!!

Name _____

Address _____

City, St, Zip _____ FAX# _____

by mail: **Please send to Professional Development Programs**
Professional Development Programs or FAX to: 651-439-0421
1675 Greeley St S, Ste 101 Phone 651-439-8865
Stillwater, MN 55082 programs@pdppro.com
www.pdppro.com

brochures will be mailed 2-3 months prior to course dates