

TARGET YOUR TREATMENT

Description:

The TARGET is a comprehensive format for collecting and sorting assessment data from tests, observations, histories, and questionnaires. It will then help prioritize areas that need addressing in treatment as well as plan the sequence. The TARGET can help families and others see the relationships between original concerns and underlying causes. Goals can then be generated together and progress tracked together.

The first day of this course will first address the TARGET specifics, what is it and how does it work? Using video clips of children and a case study format we will utilize clinical reasoning skills to organize intake and assessment data, plan a course of treatment, and consider other strategies to modify treatment as it progresses.

The second day of the course will focus on treatment based on the TARGET format. We will spend the day watching a variety of video clips of treatment sessions and discussing the clinical reasoning connected to the strategies being used. Strategies used will target issues related to modulation and sensory defensiveness, oral & respiratory function, postural support, movement disorders, upper extremity development, play & interaction skills, behavior, attention, and learning.

Clinical reasoning will incorporate multiple frames of reference; Sensory Integration, Sensory Defensiveness (Wilbarger), cranial sacral therapy, neurodevelopmental treatment, the MORE model, Therapeutic Listening, Astronaut training/Mary Kawar and many others.

Suggested Audience: OTs, SLPs and PTs with a broad knowledge base in pediatrics.

This course is offered for 1.4 AOTA CEUs

This course is offered for 1.4 ASHA CEUs (Advanced Level; Related Area)

Objectives: Participants will be able to:

1. Describe the TARGET relative to its purpose and use.
2. Plot assessment, intake and treatment observation data.
3. Prioritize and generate treatment goals.
4. Plan a course of treatment.
5. Use the TARGET to follow and document progress.
6. Discuss the reasoning for the primary focus of Tx in each case scenario.
7. Discuss the reasoning behind the sequence of Tx in each case scenario.
8. Define the benefits of specific frames of reference in each case scenario.
9. Describe the observations used to choose specific Tx strategies.

Schedule* (14 contact hours)

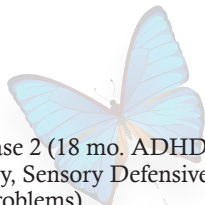
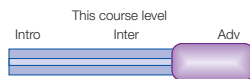
Day 1

- 8:00 Registration
- 8:30 TARGET
- 10:00 Break
- 10:15 TARGET
- 11:30 Introduce case studies
- 12:00 Lunch on your own
- 1:00 Case 1 (14 mo. delayed development), Case 2 (18 mo. ADHD)
- 2:00 Case 3 (7 yr. ADHD, Learning Disability, Sensory Defensive, Severe Asthma, multiple speech and language problems)
- 3:00 Break
- 3:15 Case 4 (10 yr.: coordination issues, handwriting)
- 4:30 Wrap up and Q & A
- 5:00 Adjourn

Day 2

- 8:30 Introduction to process
- 9:30 1st case scenario (4yr: moderate to severe autism)
- 10:00 Break
- 10:15 Group brainstorm – fill in TARGET
- 10:45 Group discussion – analyze treatment, plan ongoing treatment
- 11:30 2nd case scenario (6 yr: Down Syndrome)
- 12:00 Lunch on your own
- 1:00 Group brainstorm – fill in TARGET
- 1:30 Group discussion - analyze treatment, plan ongoing treatment
- 2:15 3rd case scenario (7 yr: Learning Disabilities, ADHD)
- 2:45 Break
- 3:00 Group brainstorm - fill in TARGET
- 3:30 Group discussion - analyze treatment, plan ongoing treatment
- 4:30 Summary, Q&A
- 5:00 Adjourn

* Topic times may vary; contact hours do not.



Faculty

Patricia Oetter, MA, OTR/L, FAOTA is an occupational therapist whose work encompasses many disability groups aged newborn to adult. Ms. Oetter's MA is in special education and she is a co-author of the *MORE: Integrating the Mouth* and *Out of the Mouths of Babes* books and the *MORE DVD*. She is currently in private practice in California and provides practicum training, consultation and intensive treatment nationally and internationally.

2011 Tuition

Tuition: \$430.00 (Includes handouts, labs, and morning and afternoon refreshments)

Deadlines:

Super Saver Deadline (8 weeks prior to course date): \$400
Early-Bird Deadline (4 weeks prior to course date): \$420
Registration Deadline 1 week prior to course date •
Regular Price: \$430 (after this date, \$480)

**Space in this advanced course is limited!
Register early to ensure your spot.**

Been to a PDP course in the last 3 years?
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and be eligible for more special offers.
Go to: <http://bit.ly/PDPonFB>

Maximum combined discount limit for a Two-Day course is \$50.00 from the regular tuition.

Interested in bringing this course or any Professional Development Programs workshop to your facility?

Visit us at www.pdppro.com/outreach.shtml for further information or email cindy@pdppro.com.



APPROVED PROVIDER



Professional Development Programs & Products is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

For more information please contact:
Professional Development Programs

1675 Greeley Street South
Suite 101
Stillwater, MN 55082
Phone: 877-439-8865
Fax: 877-259-5906
www.pdppro.com



PDP Registration Information

Registration Procedures

Register by mail, phone, fax or on-line. Early registration is recommended. Mail completed registration form with check or money order to Professional Development Programs postmarked no later than the registration deadline. Make check payable to Professional Development Programs and mail to: 1675 Greeley St. So., Ste. 101 Stillwater, MN 55082. Designate the course and site you plan to attend. Full payment is required to confirm space. For Purchase Orders without payment add \$50 for the processing fee. Copy of PO must accompany registration. Phone, fax or on-line registration must include a valid VISA, MasterCard or Discover number with expiration date & signature.

Documentation/Credit

All participants will receive certification of the number of contact hours attended. If additional information is required for specific credit or CEU purposes, contact Professional Development Programs 6-8 weeks prior to the course.



Professional Development Programs is an American Occupational Therapy Association (AOTA) Approved Provider of Continuing Education. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. See individual course listing for specific information.



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Discounts/Additional Information

Group Size	1-Day Course Discount	2-Day Course Discount
3-5	\$10/person	\$20/person
6 or more	\$20/person	\$30/person

All registrations must be submitted together by the course deadline and all discounts must be taken at time of registration. No refunds are made retroactively or after the course deadline. Maximum combined discount limit is **\$50 for a Two-Day course and \$30 for a One-Day course** from the **regular tuition**. This brochure may be copied for informational and/or registration purposes.

Cancellation Policy

All cancellations must be in writing and received by PDP at least three weeks prior to the course; no compensation will be granted after that date. The registrant may choose a refund or a transfer credit, minus a \$75 processing fee, to be issued following the program. A transfer credit may be applied toward another PDP course within three years of the issue date.

PDP reserves the right to cancel any course with due cause and refund in full. Participants purchasing NON-refundable airfare tickets should verify course availability before final purchase. Weather and/or transportation difficulties are not the responsibility of the workshop sponsor, PDP, and failure of a chosen means of transportation is not grounds for tuition refund when the course is held.

Authorship disclosure:

The speakers may receive royalties from their authored publications and materials.

For a complete look at our courses and therapeutic products, visit us online at www.pdppro.com.

-----Professional Development Programs Registration Form:-----

Date sent: _____

Please sign me up for the following workshop:

Course Name: _____

Course Dates: _____

Course Location: _____

Additional Course Materials: _____

See individual course listings for any required materials

Course Tuition: _____

8 Week Discount: _____

for registrations received 8 weeks prior to course dates.

4 Week Discount: _____

for registrations received between 8 and 4 weeks prior to course dates.

Group Discount: _____

\$50.00 Late Fee: _____

for registrations received < 1 week prior to course dates.

\$50.00 Processing Fee: _____

for purchase orders requiring invoicing.

Additional Materials: _____

Total Tuition: _____

Name: _____ Professional Title _____ Employer _____

Home Address: _____ City: _____ State: _____ Zip: _____

Work Address: _____ City: _____ State: _____ Zip: _____

Evening Phone: _____ Daytime Phone: _____ E-mail: _____

Name as it appears on card (please print) _____ Signature _____

Card Number _____ - _____ - _____ Exp Date _____ / _____ CVV _____

Billing address if different than home address listed above _____

How did you hear about us? _____ Promo Code: _____

Register online at: www.pdppro.com or by phone: 877-439-8865 (M-F; 9-5 CST)