



Who attends PDP workshops?

OTs, PTs, SLPs, Intervention Teams,
Teachers, Mental Health Specialists, DCs,
Massage Therapists, Optometrists, Vision
Therapists, Social Workers, & related
professionals.

From Primitive Reflexes to Occupational Performance

INTRO
COURSE

with Mary Kawar, MS, OT/L
Tampa, FL • February 9, 2012

*"I enjoyed and benefited from the lab components of the workshop,
as well as the treatment videos to see the activities in practice."*

Beyond Eyesight to Insight: The Advanced Course

with Mary Kawar, MS, OT/L & Carl Hillier, OD, FCOVD
Tampa, FL • February 10, 2012

*"Great new ideas for flow and matrix."
"Loved the clinical cases at the end!!!"*

Eyesight to Insight: Visual/Vestibular Assessment and Treatment

INTERMEDIATE
COURSE

with Mary Kawar, MS, OT/L & Carl Hillier, OD, FCOVD
Tampa, FL • February 11-12, 2012

*"Excellent - in all my years of continuing ed, I rate this very high,
especially for usable therapy suggestions."*

From Primitive Reflexes to Occupational Performance

INTRO
COURSE

Speaker: *Mary Kawar, MS, OT/L*

Description:

Reflex Integration has re-emerged as a "hot" therapeutic topic. This course is designed to bridge the gap between reflex oriented treatment and sensory integrative and occupational performance intervention. Observing components of dysfunction through a "reflex" lens can offer the clinician new insight which may expand therapeutic options. Participants will be guided to scaffold reflex assessment and treatment procedures into more typical occupational therapy practice. Learning how to intersperse quick, "power up" strategies into the treatment session will facilitate the achievement of more adaptive occupational performance while manifesting optimal dynamic postural control, emotional well-being, social ease and cognitive facility.

The book *Reflexes, Learning and Behavior* by Sally Goddard may be referred to during this course. It can be purchased for an additional \$30.00 at the time of registration.

This course is offered for .6 AOTA CEUs (Performance Skills)

This course is offered for .6 ASHA CEUs (Introductory Level; Related Area)

Objectives: Participants will be able to:

1. Practice testing primitive reflexes, righting reactions, and equilibrium responses.
2. Demonstrate homologous, homolateral, and contralateral developmental movements as basic movement patterns and when expressed in functional activities.
3. Demonstrate a sensory integration activity for each of 4 different reflexes which facilitates their emergence and integration.
4. Describe the 3 most prevalent residual reflexes found in underachieving children and how these reflexes thwart subsequent developmental achievement.

Schedule* (6 contact hours)

- 7:30 Registration
- 8:00 Overview of primitive & postural reflexes/primary movement patterns, righting responses, and equilibrium responses as related to sensory integration, postural development, and occupational performance
- 8:30 Lecture – Lab for major symmetrical reflexes: Review of each reflex in terms of emergence/integration, how to elicit, description, supporting reflexes, functional contributions, retention blocks, activities to facilitate, activities to integrate into occupational performance
- 9:30 Break
- 10:00 Lecture – Lab for major symmetrical reflexes continued...
- 11:00 Lecture – Lab for major unilateral reflexes: Review of each reflex in terms of emergence/integration, how to elicit, description, supporting reflexes, functional contributions, retention blocks, activities to facilitate, activities to integrate into occupational performance
- 11:30 Lunch on your own
- 12:30 Lecture – Lab for major unilateral reflexes continued...
- 1:00 Lab for testing Righting responses and Equilibrium reactions and strategies to utilize in treatment activities
- 2:00 Break
- 2:30 Lab for developing homologous, homolateral, and contralateral movements, core strengthening, and how to transition into functional activities
- 3:30 Discussion and wrap-up
- 4:00 Adjourn

* Topic times may vary; contact hours do not.

Beyond Eyesight to Insight: The Advanced Course

ADVANCED
COURSE!

Speakers: *Carl Hillier, OD, FCOVD & Mary Kawar, MS, OT/L*

Description:

This experiential workshop invites experienced therapists to explore vestibular-visual processing in greater depth utilizing case studies from various diagnostic populations. Because visual function is so dynamically interwoven with movement, postural control, and functional task performance, the primary objective is to help participants hone problem solving skills for clinical practice. Videos, discussions, and practice labs will help to insure that visual and vestibular deficits can be comprehensively evaluated and ameliorated through collaborative assessment, critical clinical analysis, and optimal intervention strategies. Recent central nervous system research will be cited to support the information provided in this workshop as well as suggested readings for further study.

Participants MUST have taken the two-day course: From Eyesight to Insight: Visual/Vestibular Assessment and Treatment, as this course will build on information presented in the earlier course. Participants are encouraged to review their previous course handouts and notes prior to attending this workshop. Please bring your Eyesight Screening Kits and a 65 cm or larger therapy ball. If you need an Eyesight Screening Kit, please indicate so on your registration form. The special workshop price of the kit is \$45 (reg. \$50).

This course is offered for .6 AOTA CEUs (Evaluation, Intervention, Outcomes)

This course is offered for .65 ASHA CEUs (Advanced Level; Related Area)

Objectives: Participants will be able to:

1. Demonstrate four vestibular-ocular reflex tests and describe the contribution of each of these reflexes to functional performance.
2. Demonstrate three balance tests.
3. Give two specific examples of how VT and OT, PT, or Speech can collaborate on a given client so as to optimize therapeutic outcomes.
4. Describe a visually guided sensory integrative activity to address each of the following issues: poor saccadic fixations, lack of peripheral awareness, and inability to sustain focus on a task requiring near-far focal attention.
5. Describe signs and symptoms that require immediate referral to an optometrist.

Schedule* (6.5 contact hours)

- 7:30 Registration
- 8:00 Introduction and Overview
- 8:15 Mirror neuron system: development and enhancement strategies
- 8:45 Research on concepts surrounding embodied cognition and body maps which support therapeutic intervention
- 9:00 Vestibulo-ocular reflex testing lab
- 9:30 Vestibulo-somatosensory testing of posture and balance Lab
- 10:30 Break
- 10:45 Strategies for administering a vision screening with clients who are unable to comply with standard procedures
- 11:30 Lunch on your own
- 12:30 Vision Therapy - Occupational Therapy case presentation: Case History before and after treatment. Descriptions of actual interventions
- 2:00 New Case Presentation: Case History and presentation of treatment plan. Descriptions of actual interventions
- 2:30 Break
- 2:45 Discussion of a new patients offered by the attendees
- 3:45 Questions and discussion
- 4:00 Adjourn

* Topic times may vary; contact hours do not.

Eyesight to Insight: Visual/Vestibular Assessment and Treatment

INTERMEDIATE
COURSE!

Description:

This 2-day workshop provides a practical opportunity for participants to interact with a sensory integrative occupational therapist and a developmental optometrist as they collaborate on the goal of facilitating optimum performance in children with movement and vision issues. Many children have unidentified visual and vestibular challenges which interfere with the development of physical, emotional and cognitive skills including receptive and expressive language, reading and writing. Speakers will reveal and clarify some of the mysteries of previously ambiguous performance issues in childhood. Participants will develop a broader net for capturing the subtleties of visual-vestibular behavior by gaining insight into underlying causes.

Hands-on experience will provide ample opportunity for participants to learn how to administer a vision screening examination. Comprehensive treatment protocols, including the Kawar Oculo-Vestibular Protocol, will be shared so that therapists are exposed to a broad range of practical, innovative, sequential vestibular-visual activities and exercises for use with their clients. This course has been well received by occupational therapists, physical therapists, speech pathologists, psychologists, developmental optometrists, and special educators.

*This course is offered for 1.2 AOTA CEUs; Evaluation, Intervention, Outcomes
This course is offered for 1.25 ASHA CEUs (Intermediate Level; Related Area)*

Included in the tuition is a CD containing valuable resources and a Vision Screening Kit, which participants receive and use at the workshop (a \$50 value).

Objectives: Participants will be able to:

1. Administer a vision screening examination.
2. Refer clients for optometric evaluation effectively using standardized criteria.
3. Demonstrate powerful treatment strategies that utilize the vestibular-oculomotor-cervical triad.
4. Describe the paradigm shift that indicates that functional performance is driven by vision and movement.

Schedule* (12.5 contact hours)

Day 1

- 7:30 Registration
- 8:00 • Introduction • Visual system support for movement and function • Vestibular system: Functional anatomy • Clinically relevant vestibular system function
- 9:30 Break
- 10:00 • Evaluation of the vestibular system: Lab • Referral criteria • Therapeutic use of vestibular stimulation strategies • Proprioceptive system
- 11:30 Lunch on your own
- 12:30 • Infinity Walk lab • Yoked prism lab
- 1:15 • Posture & movement
- 2:00 Break
- 2:30 • Flow lab and Tracking Tube lab
- 3:15 • Visual anatomy • Definition of terms used in visual testing, analysis and treatment • The visual process of reading • Behaviors that indicate difficulty with a part of the visual system
- 4:30 Adjourn

Day 2

- 8:00 • Visual perceptual skills & information analysis • Treatment for visual perceptual skills & information analysis • Cognitive visual-perceptual testing • Vision screening lab
 - 9:30 Break
 - 9:45 • Vision screening lab
 - 11:15 • Vision treatment
 - 12:00 Lunch on your own
 - 1:00 • The Multi-Matrix
 - 1:45 • Spatial Visualization
 - 2:15 Break
 - 2:30 • Treatment slides and video demonstrations
 - 3:30 Adjourn
- * Topic times may vary; contact hours do not.

Participants will be instructed in the use of the Vision Tracking Tube and the Multi-Matrix Game! Visual tools developed by Dr. Carl Hillier!

Tampa, FL Workshop Info

Thursday, February 9, 2012

Primitive Reflexes: \$260 (Includes handouts, and morning and afternoon refreshments)

Friday, February 10, 2012

Beyond Eyesight to Insight: \$260 (Includes handouts, and morning and afternoon refreshments)

Saturday-Sunday, February 11-12, 2012

Eyesight to Insight: \$480.00 (Includes handouts, **Vision Kit & Resource CD (\$50 value)**, lab materials, and morning and afternoon refreshments)

Discount Deadlines: See registration page for details.

Course Site:

Best Western Bay Harbor Hotel
7700 Courtney Campbell Causeway
Tampa, FL 33607
Phone: 813-281-8900

Participants should make their hotel reservations by **January 15**, and mention Professional Development Programs to receive the special room rate of \$89/night bay view and \$79/night city view.

Transportation Note:

Please contact the hotel to arrange for their complimentary airport shuttle.

Maximum combined discount limit is \$50 for a Two-Day course and \$30 for a One-Day course from the regular tuition.

Faculty

Mary Kawar, MS, OT/L, is a private practitioner in El Cerrito, CA. For over 50 years she has specialized in therapeutic programs for children and adults with sensory processing and motor control issues. As a well respected professional, Mary lectures throughout the US and internationally. Mary has a wealth of clinical experience and has been particularly successful at designing precise treatment strategies and therapeutic tools to improve vestibular, visual, and auditory integration for physical, social and cognitive engagement. She is co-author of two book/CD combinations entitled *Core Concepts in Action* and *Astronaut Training: Sound Activated Vestibular Visual Protocol for Moving, Looking, and Listening*. She has also recently written a chapter in the book *Functional Visual Behavior in Children*.

Carl Hillier, OD, FCOVD, graduated from the University of California San Diego in 1977 with a B.A. in Psychology. He received a B.S. at Pacific University in 1980 and then graduated as a Doctor of Optometry in 1982. Dr. Hillier is an adjunct clinical professor at the Southern California College of Optometry and Illinois College of Optometry. In 1992 Dr. Hillier helped found the Vision Rehabilitation Clinic at the San Diego Rehabilitation Institute at Alvarado Hospital. He has lectured nationally and internationally on topics related to vision and development in children and adults. Dr. Hillier has been honored by the American Optometric Association as Sports Optometrist of the Year, and by the College of Optometrist in Vision Development by receiving the Getman Award, the College's highest award for clinical excellence.

Registration Information

Registration Procedures

Register by mail, phone, fax or on-line. Early registration is recommended. Mail completed registration form with check or money order to Professional Development Programs postmarked no later than the registration deadline. Make check payable to Professional Development Programs and mail to: 1675 Greeley St. So., Ste. 101 Stillwater, MN 55082. Designate the course and site you plan to attend. Full payment is required to confirm space. For Purchase Orders without payment add \$50 for the processing fee. Copy of PO must accompany registration. Phone, fax or on-line registration must include a valid VISA, MasterCard or Discover number with expiration date & signature.

Documentation/Credit

All participants will receive certification of the number of contact hours attended. If additional information is required for specific credit or CEU purposes, contact Professional Development Programs 6-8 weeks prior to the course.



Professional Development Programs is an American Occupational Therapy Association (AOTA) Approved Provider of Continuing Education. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. See individual course listing for specific information.



Professional Development Programs & Products is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Discounts/Additional Information

Group Size	1-Day Course Discount	2-Day Course Discount
3-5	\$10/person	\$20/person
6 or more	\$20/person	\$30/person

All registrations must be submitted together by the course deadline and all discounts must be taken at time of registration. No refunds are made retroactively or after the course deadline. Maximum combined discount limit is **\$50 for a Two-Day course and \$30 for a One-Day course** from the **regular tuition**. This brochure may be copied for informational and/or registration purposes.

Cancellation Policy

All cancellations must be in writing, including the reason for cancelling and must be received by PDP at least three weeks prior to the course; no compensation will be granted after that date. If the cancellation meets the three week deadline, the registrant may choose a refund or a transfer credit, minus a \$75 processing fee, to be issued following the program. A transfer credit may be applied toward another PDP course within three years of the issue date.

PDP reserves the right to cancel any course with due cause and refund in full. Participants purchasing NON-refundable airfare tickets should verify course availability before final purchase. Weather and/or transportation difficulties are not the responsibility of the workshop sponsor, PDP, and failure of a chosen means of transportation is not grounds for tuition refund when the course is held.

Our ADA policy can be found online at: www.pdppro.com/policies.shtml.

Authorship disclosure:

The speakers may receive royalties from their authored publications and materials.

For a complete look at our courses and therapeutic products, visit us online at www.pdppro.com.

Register online!
www.pdppro.com

Register Toll-Free
Fax: 877-259-5906 • Phone: 877-439-8865

----- Professional Development Programs Registration Form: -----

Primitive Reflexes

Tampa, FL • February 9, 2012

- \$240 on/before December 16, 2011
- \$250 on/before January 13, 2012
- \$260 on/before February 3, 2012:
Regular Tuition
- \$310 after February 3, 2012
- Add \$50 if PO does not include check
- Reflexes book \$30.00 (Optional)

Total Enclosed _____

Name: _____ Professional Title: _____ Employer: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Work Address: _____ City: _____ State: _____ Zip: _____

Evening Phone: _____ Daytime Phone: _____ E-mail: _____

Name as it appears on card (please print) _____ Signature _____

Card Number _____ - _____ - _____ Exp Date _____ / _____ CVV _____ Visa MC Discover

Billing address if different than home address listed above _____

How did you hear about this course? _____ Promo Code: _____

Register by mail! PDP • 1675 Greeley Street South, Suite 101 • Stillwater, MN 55082 or by phone 877-439-8865 (M-F; 9-5 CST)

Register by Phone: Toll Free 877-439-8865 or 651-439-8865 (M-F; 9-5 CST)