

## MUSIC & MOVEMENT FOR SENSORY PROCESSING & LEARNING

INTRO  
COURSE

### Description:

By adding movement and music to treatment sessions and supporting them in daily routines, children and adults alike can engage in the learning process of self-discovery and personal confidence building. In today's schools and in the work environment, opportunities for movement have been replaced with more cognitive learning and stationary work situations. Individuals are being deprived of the opportunity to enjoy and appreciate themselves through movement while also engaging in learning, working and social interaction. This workshop will explore ways to use movement and music in treatment and to support healthy learning and living through movement.

- Bring a therapy/exercise ball, if possible.
- Wear comfortable clothing – movement is a must!

**Suggested Audience:** OTs, PTs and Early Intervention Specialists

*This course is offered for .6 AOTA CEUs; Performance Skills, Outcomes*

*This course is offered for .6 ASHA CEUs (Introductory Level; Related Area)*

**Objectives:** Participants will be able to:

1. Use movement & music to promote sensory integration, including equilibrium responses, postural-core stability and bilateral coordination for the body, senses and mind.
2. Use movement to promote self-awareness, focus and energy for active learning and working.
3. Explore methods of movement first hand through music, Yoga, Brain-Gym®, Ba1-A-Vis-X®, Callirobics®, The Feldenkrais® Method, Pilates, Creative Movement, etc.

**Schedule\*** (6 contact hours)

- 8:00 Registration
- 8:30 • Creating a circle of learning  
• An Introduction to the brain-body connection
- 10:00 Break
- 10:30 • The importance of movement in the curriculum  
• Beat competency • Movement games
- 12:00 Lunch on your own
- 1:00 • Body scan & Gyrokineses  
• Yoga and Pilates
- 2:30 Break
- 3:00 • Sharing and caring issues  
• The Feldenkrais® Method
- 4:30 Adjourn

\* Topic times may vary; contact hours do not.

## 2012 Tuition

**Tuition:** \$210.00 per course (Includes lab materials, handouts, and morning and afternoon refreshments)

### Discount Deadlines:

Super Saver Deadline (8 weeks prior to course date): \$190

Early-Bird Deadline (4 weeks prior to course date): \$200

Registration Deadline 1 week prior to course date • **Regular Price:** \$210 (after this date, \$260)

Visit us at [www.pdppro.com/outreach.shtml](http://www.pdppro.com/outreach.shtml) for further information or email [outreach@pdppro.com](mailto:outreach@pdppro.com).



APPROVED PROVIDER



pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**Professional Development Programs & Products** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

## "GETTING IT WRITE" A MULTI-SENSORY PROGRAM APPROACH TO HANDWRITING

INTRO  
COURSE

### Description:

"Getting It Write" is a multisensory, 6 week handwriting program for children having difficulty with the foundation skills required for adequate handwriting maturation. Developed by occupational therapists, this group program can be adapted through school programs, clinical treatment, private practice, or community based programming. Included is a useful screening process to assist in recognizing and planning for the individual needs of each participant. Each of the six weeks concentrates on a different foundation skill required for developing good handwriting, including awareness of both sides of the body, somato-sensory processing, vestibular processing, visual-auditory processing, and fine motor skills. Self regulation strategies are encouraged through daily snacks, along with proper sitting posture, pencil grip and paper placement.

**Suggested Audience:** OTs and PTs

*This course is offered for .6 AOTA CEUs; Performance Skills, Outcomes*

*This course is offered for .6 ASHA CEUs (Introductory Level; Related Area)*

**Objectives:** Participants will be able to:

1. Obtain an understanding of the history and principles of the "Getting It Write" program.
2. Gain a basic understanding of the developmental areas necessary for handwriting readiness.
3. Possess the basic knowledge to use the "Getting It Write" screening.
4. Develop a basic understanding of each of the six week's individual class structure, theme, materials necessary, etc.
5. Organize and utilize the "Getting It Write" program for use in their school, community, or practice situation.

**Schedule\*** (6 contact hours)

- 8:00 Registration
- 8:30 • History & Handwriting Development  
• Book/Program Layout
- 10:15 Break
- 10:45 • Screening Process and Practice  
• Class Structure
- 12:00 Lunch on your own
- 1:00 • Class Structure continued, Weeks 1-3
- 2:45 Break
- 3:15 • Weeks 4-6
- 4:30 Adjourn

\* Topic times may vary; contact hours do not.

## Faculty

**Nikki Rosen-Lieberman, MS, OTR/L** is a school therapist and co-founder and former clinical director of the Abilities Center, Inc., a therapeutic center for children and adults with developmental disabilities. Nikki has 30 years of experience using sensory processing and movement principles with individuals in a variety of settings. She has a Masters degree in Early Childhood Education, is certified in pediatric NDT, Sensory Integration and Praxis Tests, is a Feldenkrais Practitioner, and is a certified infant massage instructor. Nikki's mentoring and personal commitment to peer education earned her the Distinguished Service Award from the Detroit Occupational Therapy Assoc. in 1996. As Clinical Director of the Abilities Center, Inc., Nikki encouraged the publication of the "Getting It Write" Program as editor of the 1st and 2nd editions. She has taught the "Getting It Write" program on a professional level throughout the U.S and in a variety of settings.

**For more information please contact:  
Professional Development Programs**

1675 Greeley Street South  
Suite 101  
Stillwater, MN 55082  
Toll-Free Phone: 877-439-8865  
Toll-Free Fax: 877-259-5906  
[www.pdppro.com](http://www.pdppro.com)



# PDP Registration Information

## Registration Procedures

Register by mail, phone, fax or on-line. Early registration is recommended. Mail completed registration form with check or money order to Professional Development Programs postmarked no later than the registration deadline. Make check payable to Professional Development Programs and mail to: 1675 Greeley St. So., Ste. 101, Stillwater, MN 55082. Designate the course and site you plan to attend. Full payment is required to confirm space. For Purchase Orders without payment add \$50 for the processing fee. Copy of PO must accompany registration. Phone, fax or on-line registration must include a valid VISA, MasterCard or Discover number with expiration date & signature.

## Documentation/Credit

All participants will receive certification of the number of contact hours attended. If additional information is required for specific credit or CEU purposes, contact Professional Development Programs 6-8 weeks prior to the course.



Professional Development Programs is an American Occupational Therapy Association (AOTA) Approved Provider of Continuing Education. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. See individual course listing for specific information.



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pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

## Discounts/Additional Information

Group Size	1-Day Course Discount	2-Day Course Discount
3-5	\$10/person	\$20/person
6 or more	\$20/person	\$30/person

All registrations must be submitted together by the course deadline and all discounts must be taken at time of registration. No refunds are made retroactively or after the course deadline. Maximum combined discount limit is **\$50 for a Two-Day course and \$30 for a One-Day course** from the **regular tuition**. This brochure may be copied for informational and/or registration purposes.

## Cancellation Policy

All cancellations must be in writing, including the reason for cancelling and must be received by PDP at least three weeks prior to the course; no compensation will be granted after that date. If the cancellation meets the three week deadline, the registrant may choose a refund or a transfer credit, minus a \$75 processing fee, to be issued following the program. A transfer credit may be applied toward another PDP course within three years of the issue date.

PDP reserves the right to cancel any course with due cause and refund in full. Participants purchasing NON-refundable airfare tickets should verify course availability before final purchase. Weather and/or transportation difficulties are not the responsibility of the workshop sponsor, PDP, and failure of a chosen means of transportation is not grounds for tuition refund when the course is held.

Our ADA policy can be found online at: [www.pdppro.com/policies.shtml](http://www.pdppro.com/policies.shtml).

## Authorship disclosure:

The speakers may receive royalties from their authored publications and materials.

For a complete look at our courses and therapeutic products, visit us online at [www.pdppro.com](http://www.pdppro.com).

# -----Professional Development Programs Registration Form:-----

Date sent: \_\_\_\_\_

## Please sign me up for the following workshop:

Course Name: \_\_\_\_\_

Course Dates: \_\_\_\_\_

Course Location: \_\_\_\_\_

Additional Course Materials: \_\_\_\_\_

See individual course listings for any required materials

\_\_\_\_\_

Course Tuition: \_\_\_\_\_

8 Week Discount: \_\_\_\_\_

for registrations received 8 weeks prior to course dates.

4 Week Discount: \_\_\_\_\_

for registrations received between 8 and 4 weeks prior to course dates.

Group Discount: \_\_\_\_\_

\$50.00 Late Fee: \_\_\_\_\_

for registrations received < 1 week prior to course dates.

\$50.00 Processing Fee: \_\_\_\_\_

for purchase orders requiring invoicing.

Additional Materials: \_\_\_\_\_

Total Tuition: \_\_\_\_\_

Name: \_\_\_\_\_ Professional Title \_\_\_\_\_ Employer \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Work Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Evening Phone: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Name as it appears on card (please print) \_\_\_\_\_ Signature \_\_\_\_\_

Card Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp Date \_\_\_\_\_ / \_\_\_\_\_ CVV \_\_\_\_\_

Billing address if different than home address listed above \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Promo Code: \_\_\_\_\_

**Register online at: [www.pdppro.com](http://www.pdppro.com) or by phone: 877-439-8865 (M-F; 9-5 CST)**