

Professional Development Programs
1675 Greeley Street South, Suite 101
Stillwater, Minnesota 55082
www.pdppro.com
P: 877-439-8865
F: 877-259-5906



Professional development programs & products

Who attends PDP workshops?

OTs, PTs, SLPs, Intervention Teams,
Teachers, Mental Health Specialists, DCs,
Massage Therapists, Optometrists, Vision
Therapists, Social Workers, & many other
related professionals.

CranioSacral Applications for Pediatric Populations

INTRO
COURSE

Workshop Details

Location: Houston, TX
Dates: March 24-25, 2012 (Saturday-Sunday)
Tuition: \$430.00 (Includes handout, lab materials, and morning and afternoon refreshments)
Discount Deadlines:
on or before January 27, 2012 • Special Price: \$400
on or before February 24, 2012 • Special Price: \$420
on or before March 16, 2012 • Regular Price: \$430 (after this date, \$480)

Course Site:
Texas Children's Hospital
Feigin Center 1st floor large conference room
1102 Bates Dr.
Houston, TX 77030
Phone: 832-826-6107

Sleeping Rooms:
Holiday Inn Medical Center
6800 Main Street
Houston, TX 77030
Phone: 713-528-7744

Participants should make their reservations by **March 9**, and mention Professional Development Programs to receive the room rate of \$79/night.

Maximum combined discount limit for a Two-Day course is \$50.00 from the regular tuition.

Due to illness, this Texas course will now be taught by Patricia Oetter, MA, OTR/L, FAOTA.

Patricia Oetter, MA, OTR/L, FAOTA is an occupational therapist whose work encompasses many disability groups aged newborn to adult. Ms. Oetter's MA is in special education and she is a co-author of the *MORE: Integrating the Mouth* and *Out of the Mouths of Babes* books and the *MORE DVD*. She is currently in private practice in California and provides practicum training, consultation and intensive treatment nationally and internationally.

Description:

The course is designed to promote understanding of the power of personal touch to heal and to train the participant with specific techniques applicable to the pediatric population. The presentation will explore the use of fascial and craniosacral techniques and discuss how they impact modulation, postural alignment and sensory processing. Through lab experiences, participants will learn 'hands on' techniques while getting a boost in their own energy. All techniques taught are usable in clinic and home programs. Applications to the pediatric population and how to integrate these techniques with current practice will be discussed. Presentation of 'self help' techniques for healing the healer is included. Dress comfortably for practical experiences and leave with skills that can be put to immediate use. Be sure to bring a pillow and blanket to use in this session.

*This course is offered for 1.2 AOTA CEUs (Intervention & Assessment)
This course is offered for 1.2 ASHA CEUs (Introductory Level; Related Area)*

Objectives: Participants will be able to:

1. Describe and demonstrate three self-help techniques for clients and therapists.
2. Apply several practical techniques with the pediatric population.
3. Discuss the impact of these techniques on posture, modulation, health, and sensory processing.

Schedule* (12 contact hours)

Day 1

- 8:00 Registration
- 8:30 • History
- 9:15 • CranioSacral Therapy/Myofascial Release Definition
- 9:30 • Connective Tissue
- 10:00 Break
- 10:30 • Integrating these techniques: Impact on Function and Therapy Outcomes
- 12:00 Lunch on your own
- 1:00 • How these techniques work The "Energy Body"
- 2:00 • Lab A: Fascial Release of Thoracic Inlet
- 2:30 Break
- 3:00 • Lab B: Pelvic Release
- Lab C: Respiratory Diaphragm Release
- 4:30 Adjourn

Day 2

- 8:30 • Lab D: Palpation at Head • Lab E: V-Spread • Hyoid
- 10:00 Break
- 10:30 • Self Help Techniques • V-Spread • Still point inducer
- 12:00 Lunch on your own
- 1:00 • Clinical Applications in Pediatrics • Identification of Children Needing CranioSacral Therapy/Myofascial Release
- 2:30 Break
- 3:00 • Integrated Approaches: Practical Application in Clinic/Home/School
- 4:30 Adjourn

* Topic times may vary; contact hours do not

CranioSacral Applications for Pediatric Populations

INTRO
COURSE

Due to illness, this Texas course will now be taught by Patricia Oetter, MA, OTR/L, FAOTA.

with Nancy Lawton-Shirley, OTR/L
Houston, TX • March 24-25, 2012

*"Wonderful seminar. Enjoyed your (Nancy's) enthusiasm & knowledge."
"Excellent / will be able to use daily with ADHD / Autistic kids."
"Fabulous – I wanted to know more and got great, usable information."*

Eyesight to Insight:

Visual/Vestibular Assessment and Treatment

with Mary Kavar, MS, OT/L & Carl Hillier, OD, FCOVD
San Antonio, TX • March 30-31, 2012

*"Excellent - in all my years of continuing ed, I rate this very high, especially for usable therapy suggestions."
"Wonderful, wonderful course. Needed the skills for visual screening and better integrating vision into treatments. Thank you!"*

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Register online at www.pdppro.com

Eyesight to Insight: Visual/Vestibular Assessment and Treatment

INTERMEDIATE
COURSE!

Description:

This 2-day workshop provides a practical opportunity for participants to interact with a sensory integrative occupational therapist and a developmental optometrist as they collaborate on the goal of facilitating optimum performance in children with movement and vision issues. Many children have unidentified visual and vestibular challenges which interfere with the development of physical, emotional and cognitive skills including receptive and expressive language, reading and writing. Speakers will reveal and clarify some of the mysteries of previously ambiguous performance issues in childhood. Participants will develop a broader net for capturing the subtleties of visual-vestibular behavior by gaining insight into underlying causes.

Hands-on experience will provide ample opportunity for participants to learn how to administer a vision screening examination. Comprehensive treatment protocols, including the Kawar Oculo-Vestibular Protocol, will be shared so that therapists are exposed to a broad range of practical, innovative, sequential vestibular-visual activities and exercises for use with their clients. This course has been well received by occupational therapists, physical therapists, speech pathologists, psychologists, developmental optometrists, and special educators.

This course is offered for 1.2 AOTA CEUs; Evaluation, Intervention, Outcomes

This course is offered for 1.25 ASHA CEUs (Intermediate Level; Related Area)

Included in the tuition is a CD containing valuable resources and a Vision Screening Kit, which participants receive and use at the workshop (a \$50 value).

Objectives: Participants will be able to:

1. Administer a vision screening examination.
2. Refer clients for optometric evaluation effectively using standardized criteria.
3. Demonstrate powerful treatment strategies that utilize the vestibular-oculomotor-cervical triad.
4. Describe the paradigm shift that indicates that functional performance is driven by vision and movement.

Schedule* (12.5 contact hours)

Day 1

- 7:30 Registration
- 8:00 • Introduction • Visual system support for movement and function • Vestibular system: Functional anatomy • Clinically relevant vestibular system function
- 9:30 Break
- 10:00 • Evaluation of the vestibular system: Lab • Referral criteria • Therapeutic use of vestibular stimulation strategies • Proprioceptive system
- 11:30 Lunch on your own
- 12:30 • Infinity Walk lab • Yoked prism lab
- 1:15 • Posture & movement
- 2:00 Break
- 2:30 • Flow lab and Tracking Tube lab
- 3:15 • Visual anatomy • Definition of terms used in visual testing, analysis and treatment
 - The visual process of reading • Behaviors that indicate difficulty with a part of the visual system
- 4:30 Adjourn

Day 2

- 8:00 • Visual perceptual skills & information analysis • Treatment for visual perceptual skills & information analysis • Cognitive visual-perceptual testing • Vision screening lab
- 9:30 Break
- 9:45 • Vision screening lab
- 11:15 • Vision treatment
- 12:00 Lunch on your own
- 1:00 • The Multi-Matrix
- 1:45 • Spatial Visualization
- 2:15 Break
- 2:30 • Treatment slides and video demonstrations
- 3:30 Adjourn

* Topic times may vary; contact hours do not.

Participants will be instructed in the use of the Vision Tracking Tube and the Multi-Matrix Game! Visual training tools developed by Dr. Carl Hillier!

Workshop Details

Location: San Antonio, TX

Dates: March 30-31, 2012 (Friday - Saturday)

Tuition: \$480.00 (Includes handouts, **Vision Screening Kit & Resource CD (\$50 value)**, lab materials, and morning and afternoon refreshments)

Discount Deadlines:

on or before February 3, 2012 • Special Price: \$450

on or before March 2, 2012 • Special Price: \$470

on or before March 23, 2012 • Regular Price: \$480 (after this date, \$530)

Course Site:

Pediatric Therapy Associates

1248 Austin Highway

Suite 210

San Antonio, TX 78209

Phone: 210-646-8008

Sleeping Rooms:

Residence Inn

1014 NE Loop 410

San Antonio, TX 78209

Phone: 210-805-8118

Participants should make their reservations by **March 9**, and mention Professional Development Programs to receive the room rate of \$102/night for a single suite and \$142/night for a double suite. Please contact the hotel from the airport baggage claim to arrange for their complimentary shuttle. Course site is within the complimentary shuttles 3 mile radius.

Maximum combined discount limit for a Two-Day course is \$50.00 from the regular tuition.

Faculty

Mary Kawar, MS, OT/L, is a private practitioner in El Cerrito, CA. For over 50 years she has specialized in therapeutic programs for children and adults with sensory processing and motor control issues. As a well respected professional, Mary lectures throughout the US and internationally. Mary has a wealth of clinical experience and has been particularly successful at designing precise treatment strategies and therapeutic tools to improve vestibular, visual, and auditory integration for physical, social and cognitive engagement. She is co-author of two book/CD combinations entitled *Core Concepts in Action* and *Astronaut Training: Sound Activated Vestibular Visual Protocol for Moving, Looking, and Listening*. She has also recently written a chapter in the book *Functional Visual Behavior in Children*.

Carl Hillier, OD, FCOVD, graduated from the University of California San Diego in 1977 with a B.A. in Psychology. He received a B.S. at Pacific University in 1980 and then graduated as a Doctor of Optometry in 1982. Dr. Hillier is an adjunct clinical professor at the Southern California College of Optometry and Illinois College of Optometry. In 1992 Dr. Hillier helped found the Vision Rehabilitation Clinic at the San Diego Rehabilitation Institute at Alvarado Hospital. He has lectured nationally and internationally on topics related to vision and development in children and adults. Dr. Hillier has been honored by the American Optometric Association as Sports Optometrist of the Year, and by the College of Optometrist in Vision Development by receiving the Getman Award, the College's highest award for clinical excellence.

Register by Phone: Toll Free 877-439-8865 or 651-439-8865 (M-F; 9-5 CST)

Registration Information

Registration Procedures

Register by mail, phone, fax or on-line. Early registration is recommended. Mail completed registration form with check or money order to Professional Development Programs postmarked no later than the registration deadline. Make check payable to Professional Development Programs and mail to: 1675 Greeley St. So., Ste. 101 Stillwater, MN 55082. Designate the course and site you plan to attend. Full payment is required to confirm space. For Purchase Orders without payment add \$50 for the processing fee. Copy of PO must accompany registration. Phone, fax or on-line registration must include a valid VISA, MasterCard or Discover number with expiration date & signature.

Documentation/Credit

All participants will receive certification of the number of contact hours attended. If additional information is required for specific credit or CEU purposes, contact Professional Development Programs 6-8 weeks prior to the course.



Professional Development Programs is an American Occupational Therapy Association (AOTA) Approved Provider of Continuing Education. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. See individual course listing for specific information.



Professional Development Programs & Products is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Discounts/Additional Information

Group Size	1-Day Course Discount	2-Day Course Discount
3-5	\$10/person	\$20/person
6 or more	\$20/person	\$30/person

All registrations must be submitted together by the course deadline and all discounts must be taken at time of registration. No refunds are made retroactively or after the course deadline. Maximum combined discount limit is **\$50 for a Two-Day course and \$30 for a One-Day course** from the **regular tuition**. This brochure may be copied for informational and/or registration purposes.

Cancellation Policy

All cancellations must be in writing, including the reason for cancelling and must be received by PDP at least three weeks prior to the course; no compensation will be granted after that date. If the cancellation meets the three week deadline, the registrant may choose a refund or a transfer credit, minus a \$75 processing fee, to be issued following the program. A transfer credit may be applied toward another PDP course within three years of the issue date.

PDP reserves the right to cancel any course with due cause and refund in full. Participants purchasing NON-refundable airfare tickets should verify course availability before final purchase. Weather and/or transportation difficulties are not the responsibility of the workshop sponsor, PDP, and failure of a chosen means of transportation is not grounds for tuition refund when the course is held.

Our ADA policy can be found online at: www.pdppro.com/policies.shtml.

Authorship disclosure:

The speakers may receive royalties from their authored publications and materials.

For a complete look at our courses and therapeutic products, visit us online at www.pdppro.com.

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----- Professional Development Programs Registration Form: -----

CranioSacral

Houston, TX • March 24-25, 2012

\$400 on/before January 27, 2012

\$420 on/before February 24, 2012

\$430 on/before March 16, 2012:

Regular Tuition

\$480 after March 16, 2012

Add \$50 if PO does not include check

Total Enclosed _____

Eyesight to Insight

San Antonio, TX • March 30-31, 2012

\$450 on/before February 3, 2012

\$470 on/before March 2, 2012

\$480 on/before March 23, 2012:

Regular Tuition

\$530 after March 23, 2012

Add \$50 if PO does not include check

Total Enclosed _____

Name: _____ Professional Title: _____ Employer: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Work Address: _____ City: _____ State: _____ Zip: _____

Evening Phone: _____ Daytime Phone: _____ E-mail: _____

Name as it appears on card (please print) _____ Signature _____

Card Number _____ - _____ - _____ Exp Date _____ / _____ CVV _____ Visa MC Discover

Billing address if different than home address listed above _____

How did you hear about this course? _____ Promo Code: _____

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